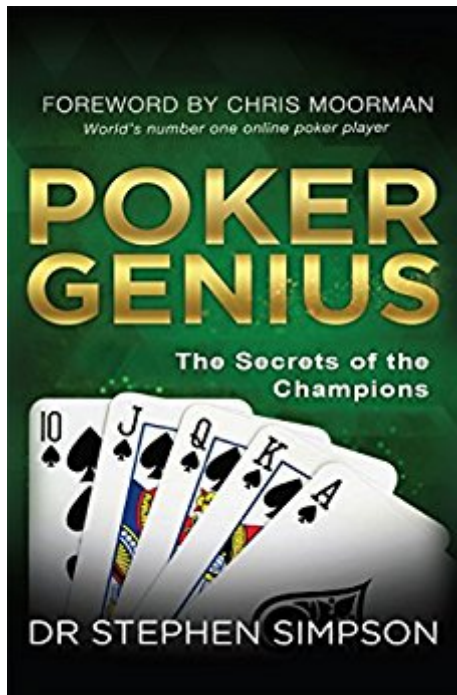




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Poker Genius: The Secrets Of The Champions



Synopsis

Every poker player prays for that perfect hand, but it rarely comes. Instead, the best poker players know how to identify when their luck has turned and how to make the most of every moment. This mind-set is essential for poker and other tournament champions. But how do you develop the mental control to play poker with foresight and clarity? In *Poker Genius*, you can learn from a mind coach who's worked with some of the world's most renowned poker champions, including Chris Moorman, the author of the book's foreword. Dr. Stephen Simpson has spent his career helping players cultivate the mental abilities needed to win. Using science, psychology, and philosophy, he has created techniques to maximize a player's luck, confidence, and skill. Dr. Simpson is now sharing his seven secrets of success with readers! In *Poker Genius*, he explains the secrets in detail and includes review questions designed to help you retain knowledge and tailor the techniques to fit your goals and abilities. With the assistance of this intuitive, easy guide, readers of all levels, from novice to professional, can become better, more focused poker players.

Book Information

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Customer Reviews

Seems kind of like a re-write of material he's already published but catered more to a poker player. Wouldnt go out of my way to buy it if you already have some of his other writings.

This is a terrific book! I actually read it in one sitting today, as I could not put it down. And I highly recommend it to anyone who wants to improve their mental game, and to start going steady with Lady Luck. Dr. Simpson's book outlines Seven Secrets of Champion Poker Players in a very clear and readable fashion. These secrets consist of the following: How to Achieve Your Goals Inner Confidence Visualization Mindfulness The Three H's of: Havening, Heartmath, and Hypnosis The Benefits of Logic Mind Magic Each of these terribly important topics are given a separate chapter. And Dr. Simpson includes an extraordinarily useful device in that he suggests the reader record three key action items from each chapter to internalize the important messages of each chapter. In his excellent conclusion, he makes the following bold claim: "If you read the whole of this book, then it is possible you will find more luck. If you also write down key nuggets and your three action points from each chapter, it is probable you will find more luck. If you also remind yourself daily about three action points from each chapter, it is almost certain you will find more luck. If you also tell another person about your three action points from each chapter and how you are going to use them, it is almost guaranteed you will find more luck." I, for one, believe. One constructive criticism I would offer is that the chapter on Mind Magic drifts off into some uncharted waters with some discussion of quantum physics. I would suggest this section be flavored a bit with "the Cunning of Reason", as described by German philosopher Hegel. Other than that, I wouldn't change a thing. Dr. Simpson is much to be commended for writing and having published this wonderful and important book.

My mother plays poker on Fridays at the senior center and she definitely wants to get better and this will help.

I liked the book . It is just what is needed to be able to focus and draw upon inner power to sharpen and utilize it along with all the skill and knowledge I have worked so hard to get to become the poker master .

Amazing. About life and such a superb road to luck and magic, The Secret and wishes to the Universe are outdated by this, though the author does not like this aspect to put into the front. A true

magician of OUR MODERN post Freudian time.

Great insight!

This is a fantastic book that all poker players there are serious about the game should read. The author explains it very well and take you step for step from your beliefs of what luck is and how it affects you and your game, both at the poker table but also and surprisingly for me in your personal life. For every chapter you slowly adapt your thought process and starts to think in a different way. Suddenly you understand luck and how you actually can affect how lucky you are.

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